



east sands
leisure centre

Main Pool Timetable

From Monday 26th February 2024

Public Swimming Club Booking Pool Closed to Public

	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10p																	
	7 am	15	30	45	15	30	45	15	30	45	15	30	45	15	30	45	15	30	45	15	30	45											
M Monday					LANE SWIMMING			SWIM LESSONS SHALLOW END			AQUA			LANE SWIMMING				SWIMMING LESSONS				CLUB BOOKING			UNI SWIM								
T Tuesday		LANE SWIMMING						AQUA DEEP			AQUA		LANE SWIMMING										CLUB BOOKING			LANE SWIMMING		UNI SWIM					
								SCHOOL SWIMMING																									
W Wednesday					LANE SWIMMING		SWIMMING LESSONS		AQUA DEEP			LANE SWIMMING		Float and Flume Mid Term Only			SWIMMING LESSONS				CLUB BOOKING			UNI SWIM									
							DEEP END ONLY																										
T Thursday		LANE SWIMMING						AQUA DEEP			AQUA		LANE SWIMMING						SWIMMING LESSONS				CLUB BOOKING				TRIATHLON CLUB SENIORS						
								SCHOOL SWIMMING																									
F Friday					LANE SWIMMING			SWIM LESSONS SHALLOW END			SWIM LESSONS SHALLOW END			LANE SWIMMING						CLUB BOOKING		UNI SWIM				KIDZ AQUA FUN SESSION 8 - 14 years Only No adults							
								DEEP END ONLY			AQUA																						
S Saturday		CLUB BOOKING		SWIMMING LESSONS									LANE SWIMMING			CLUB BOOKING																	
S Sunday		CLUB BOOKING		PUBLIC SWIM 9.00 - 10.00 POOL CLOSSES AT 10.00am			FAMILY AQUA FUN SESSION 10.15 - 11.15 Child must be with an adult in pool			PUBLIC SWIM 11.30 - 12.30 POOL CLOSSES AT 12.30pm		TRIATHLON CLUB																					

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

East Sands Leisure Centre
St Mary Street, St Andrews, KY16 8LH

Tel 01334 659473 Email EastSandsLC@fifeleisure.org.uk

fifeleisure.org.uk

Scottish Charity No.S C039464 | Company Registration No.SC336004

@fifeleisure



Toddler Pool Timetable

From Monday 26th February 2024

Public Swimming Club Booking Pool Closed to Public

	7 am	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10 pm																										
	15	30	45	15	30	45	15	30	45	15	30	45	15	30	45	15	30	45																								
M Monday																SWIMMING LESSONS																										
T Tuesday																																										
W Wednesday																		SWIMMING LESSONS		SWIMMING LESSONS																						
T Thursday																		SWIMMING LESSONS																								
F Friday																																										
S Saturday																SWIMMING LESSONS																										
S Sunday																FAMILY AQUA FUN SESSION																										

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

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