

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm	
	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	
<b>M</b> Monday	LANE SWIMMING			SHALLOW AQUA	Pool Closed to Public				Public Swimming				LANE SWIMMING		CLUB USE		Pool Closed to Public
<b>T</b> Tuesday	LANE SWIMMING			SWIMMING LESSONS	Pool Closed to Public				Public Swimming				SWIMMING LESSONS		CLUB USE		Public Swimming
<b>W</b> Wednesday	LANE SWIMMING			SWIMMING LESSONS	Pool Closed to Public				Public Swimming				SWIMMING LESSONS		CLUB USE		Pool Closed to Public
<b>T</b> Thursday	LANE SWIMMING			SWIMMING LESSONS	Pool Closed to Public				SCHOOL USE		SWIMMING LESSONS		LANE SWIMMING		CLUB USE		Public Swimming
<b>F</b> Friday	LANE SWIMMING			SWIMMING LESSONS	Pool Closed to Public				Public Swimming				CLUB USE		Pool Closed to Public		Public Swimming
<b>S</b> Saturday	Pool Closed to Public			CLUB USE		SWIMMING LESSONS				Pool Closed to Public				CLUB USE		Pool Closed to Public	
<b>S</b> Sunday	Pool Closed to Public			CLUB USE				Public Swimming				Pool Closed to Public				Pool Closed to Public	

**Admission Policy:**

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!  
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

**Cupar Sports Centre**  
Carslogie Road, Cupar, KY15 4HY

Telephone 01334 659324 Email CuparSC@fifeleisure.org.uk