

**Splash Out for Nowt under 17s**

Monday 9.00am - 10.30am (deep end only) / 2.30pm - 5.00pm  
 Tuesday 9.00am - 10.30am / 1.30pm - 2.30pm  
 Wednesday 9.00am - 10.30am (deep end only) / 2.30pm - 5.00pm  
 Thursday 9.00am - 10.30am / 1.30pm - 5.00pm  
 Friday 9.00am - 10.30am / 2.30pm - 5.00pm  
 Saturday 2.00pm - 4.30pm  
 Sunday 9.00am - 2.00pm



# Pool Timetable

School Holidays - From 25th July - 16th August 2022

■ Public Session   
 ■ Club Booking   
 ■ Pool Closed to Public  
 Public Swimming

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm
<b>M</b> Monday	LANE SWIMMING			SHALLOW AQUA												CLUB USE
<b>T</b> Tuesday	LANE SWIMMING			SWIMMING LESSONS					AQUA AEROBICS	SWIMMING LESSONS						CLUB USE
<b>W</b> Wednesday	LANE SWIMMING			SWIMMING LESSONS						SWIMMING LESSONS						CLUB USE
<b>T</b> Thursday	LANE SWIMMING			SWIMMING LESSONS						SWIMMING LESSONS						CLUB USE
<b>F</b> Friday	LANE SWIMMING			SWIMMING LESSONS												CLUB USE
<b>S</b> Saturday		CLUB USE		SWIMMING LESSONS												
<b>S</b> Sunday		CLUB USE					Public Swim Every Sunday unless Pool Birthday Party is booked at this time slot Please check with reception before you visit.									

**Admission Policy:**

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

**Cupar Sports Centre**

Carslogie Road, Cupar, KY15 4HY

Telephone 01334 659324 Email CuparSC@fifeleisure.org.uk