

# Main Pool Timetable

Public Swimming Bookable Session Club Booking Pool Closed to Public

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9pm	
<b>M</b> Monday	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Club Booking
<b>T</b> Tuesday	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Pool Closed to Public	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Club Booking
<b>W</b> Wednesday	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Pool Closed to Public	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Club Booking
<b>T</b> Thursday	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Pool Closed to Public	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Club Booking
<b>F</b> Friday	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Pool Closed to Public	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Club Booking
<b>S</b> Saturday	Pool Closed to Public	Club Booking	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Club Booking	<div style="border: 1px solid white; padding: 10px; text-align: center;"> <p><b>Important Information</b></p> <p><b>All public swimming sessions must be booked in advance</b></p> <p>This can be done online or by calling the reception</p> </div>							
<b>S</b> Sunday	Pool Closed to Public	Club Booking	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Club Booking									

**Admission Policy:**

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

**East Sands Leisure Centre**

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