

Main Pool Timetable

From Saturday 22nd October

Public Swimming Club Booking Pool Closed to Public Toddler Pool Closed

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm	
M Monday	Public Swimming	LANE SWIMMING	Public Swimming	TP CLOSED	SWIMMING LESSONS	Pool Closed to Public	Pool Closed to Public	TP CLOSED	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming
T Tuesday	LANE SWIMMING	LANE SWIMMING	AQUA 2 LANES	AQUA DEEP	PUBLIC SHALLOW SWIM	Pool Closed to Public	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming
W Wednesday	Pool Closed to Public	LANE SWIMMING	AQUA AEROBICS	AQUA DEEP	SWIMMING LESSONS	Pool Closed to Public	Pool Closed to Public	TP CLOSED	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming
T Thursday	LANE SWIMMING	LANE SWIMMING	AQUA 2 LANES	AQUA DEEP	PUBLIC SHALLOW SWIM	Pool Closed to Public	Pool Closed to Public	TP CLOSED	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming
F Friday	Pool Closed to Public	LANE SWIMMING	LANE SWIMMING	TP CLOSED	SWIMMING LESSONS	AQUA DEEP	Pool Closed to Public	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming
S Saturday	Pool Closed to Public	Club Booking	SWIMMING LESSONS	SWIMMING LESSONS	SWIMMING LESSONS	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming
S Sunday	Pool Closed to Public	Club Booking	Public Swimming	Public Swimming	FAMILY AQUA FUN SESSION Child must be with an adult in pool	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Toddler Pool - only open in line with main pool opening times except where specified closed on timetable.

East Sands Leisure Centre

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