

PUBLIC SWIMMING
 CLOSED TO THE PUBLIC
 BOOKABLE SESSIONS
 CLUB USE

		30	45	7	15	30	45	8	15	30	45	9	15	30	45	10	15	30	45	11	15	30	45	12	15	30	45	1	15	30	45	2	15	30	45	3	15	30	45	4	15	30	45	5	15	30	45	6	15	30	45	7	15	30	45	8	15	30	45	9	15	30	45	10
MONDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								CLUB USE						LANE SWIM (6 lanes)																																
TUESDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								L2S	CLUB USE						LANE SWIM (6 lanes)																															
WEDNESDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								DSF	CLUB USE						LANE SWIM (6 lanes)																															
THURSDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								CLUB USE						LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																															
FRIDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								DSF						CLUB USE																																
SATURDAY		LANE SWIM (2 lanes)																								L2S	CLUB USE						CLUB USE																															
SUNDAY		CLUB USE						LANE SWIM (2 lanes)												FUN SESSION	BOOKABLE/PUBLIC SESSION	CLUB USE																																										

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Kirkcaldy Leisure Centre

Esplande, Kirkcaldy, KY1 1HR

Tel 01592 583306 Email KirkcaldySP@fifeleisure.org.uk

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 BOOKABLE SESSIONS
 CLUB USE

	8	15	30	45	9	15	30	45	10	15	30	45	11	15	30	45	12	15	30	45	1	15	30	45	2	15	30	45	3	15	30	45	4	15	30	45	5	15	30	45	6	15	30	45	7	15	30	45	8	15	30	45
MONDAY	SET UP				LEARN TO SWIM				SET UP				AQUA-EROBICS				SET UP				ACTIVE HYDRO				CLEAR				SET UP				LEARN TO SWIM								CLEAR											
TUESDAY					LEARN TO SWIM								SET UP								LEARN TO SWIM												CLEAR																			
WEDNESDAY					SET UP				SET UP								LEARN TO SWIM				SET UP				LEARN TO SWIM												CLEAR				HYDRO CYCLE											
THURSDAY													SET UP												SET UP				AQUA-EROBICS				CLEAR								SET UP				LEARN TO SWIM				CLUB USE			
FRIDAY					SET UP												SET UP				SET UP																SET UP								CLUB USE							
SATURDAY													LEARN TO SWIM												CLEAR				SET UP																							
SUNDAY					SET UP				SET UP				HYDRO CYCLE <small>From 12th September</small>				CLEAR				OCTO TOTS																SET UP				FUN SESSION				SET UP							
	SET UP																								SET UP				SET UP				SET UP																			

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