

Main Pool Timetable

PUBLIC SWIMMING
 ■ CLOSED TO THE PUBLIC
 ■ BOOKABLE SESSIONS

		30	45	7	15	30	45	8	15	30	45	9	15	30	45	10	15	30	45	11	15	30	45	12	15	30	45	1	15	30	45	2	15	30	45	3	15	30	45	4	15	30	45	5	15	30	45	6	15	30	45	7	15	30	45	8	15	30	45	9	15	30	45	10
MONDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								CLUB USE						LANE SWIM (6 lanes)																																
TUESDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								L2S		CLUB USE						LANE SWIM (6 lanes)																														
WEDNESDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								DSF		CLUB USE						LANE SWIM (6 lanes)																														
THURSDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								CLUB USE						LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																															
FRIDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								CLUB USE																																						
SATURDAY		L2S		LANE SWIM (2 lanes)																								CLUB USE																																				
SUNDAY		CLUB USE						LANE SWIM (2 lanes)												FUN SESSION	BOOKABLE/PUBLIC SESSION																																											

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Kirkcaldy Leisure Centre

Esplande, Kirkcaldy, KY1 1HR

Tel 01592 583306 Email KirkcaldySP@fifeleisure.org.uk

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 BOOKABLE SESSIONS

	8	15	30	45	9	15	30	45	10	15	30	45	11	15	30	45	12	15	30	45	1	15	30	45	2	15	30	45	3	15	30	45	4	15	30	45	5	15	30	45	6	15	30	45	7	15	30	45	8	15	30	45																																																																								
MONDAY	SET UP				LEARN TO SWIM				SET UP				AQUA-EROBICS				SET UP				ACTIVE HYDRO				CLEAR				SET UP				LEARN TO SWIM								CLEAR																																																																																			
TUESDAY					SET UP								LEARN TO SWIM								CLEAR												SET UP				HYDRO CYCLE								CLEAR																																																																															
WEDNESDAY													SET UP																								SET UP												LEARN TO SWIM				CLEAR																																																																							
THURSDAY																																																	SET UP								SET UP				AQUA-EROBICS				CLEAR				SET UP				LEARN TO SWIM				CLUB USE																																															
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