

Main Pool Timetable

Updated Thursday 18th November

Public Swimming Bookable Session Pool Closed to Public Private / Club Booking

		7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9pm			
		15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45			
M Monday	1	LANE SWIMMING						STAFF TRAINING		SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						AQUA ZUMBA SHALLOW			
	2	LANE SWIMMING						STAFF TRAINING		SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						AQUA ZUMBA SHALLOW			
	3	LANE SWIMMING						STAFF TRAINING		SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						AQUA ZUMBA SHALLOW			
	4	LANE SWIMMING						STAFF TRAINING		SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						AQUA ZUMBA SHALLOW			
	5 B	LANE SWIMMING						STAFF TRAINING		SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						AQUA ZUMBA SHALLOW			
T Tuesday	1	LANE SWIMMING			SWIMMING LESSONS - SHALLOW END			LANE SWIMMING						SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	2	LANE SWIMMING			SWIMMING LESSONS - SHALLOW END			LANE SWIMMING						SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	3	LANE SWIMMING			SWIMMING LESSONS - SHALLOW END			LANE SWIMMING						SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	4	LANE SWIMMING			SWIMMING LESSONS - SHALLOW END			LANE SWIMMING						SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	5 B	LANE SWIMMING			SWIMMING LESSONS - SHALLOW END			LANE SWIMMING						SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
W Wednesday	1	LANE SWIMMING						SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						LANE SWIMMING					
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T Thursday	1	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			AQUA ZUMBA SHALLOW		LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING			
	2	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			AQUA ZUMBA SHALLOW		LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING			
	3	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			AQUA ZUMBA SHALLOW		LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING			
	4	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			AQUA ZUMBA SHALLOW		LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING			
	5 B	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			AQUA ZUMBA SHALLOW		LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING			
F Friday	1	LANE SWIMMING						SWIMMING LESSONS - SHALLOW END			LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	2	LANE SWIMMING						SWIMMING LESSONS - SHALLOW END			LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	3	LANE SWIMMING						SWIMMING LESSONS - SHALLOW END			LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	4	LANE SWIMMING						SWIMMING LESSONS - SHALLOW END			LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
	5 B	LANE SWIMMING						SWIMMING LESSONS - SHALLOW END			LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)			LANE SWIMMING		
S Saturday	1	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						WAVES EVERY 30 MINS			FLUME					
	2	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						WAVES EVERY 30 MINS			FLUME					
	3	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						WAVES EVERY 30 MINS			FLUME					
	4	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						WAVES EVERY 30 MINS			FLUME					
	5 B	LANE SWIMMING			SWIMMING LESSONS (ONLY SHALLOW END CLOSED)						WAVES EVERY 30 MINS			FLUME					
S Sunday	1	LANE SWIMMING						FLUME			WAVES EVERY 30 MINS			FLUME					
	2	LANE SWIMMING						FLUME			WAVES EVERY 30 MINS			FLUME					
	3	LANE SWIMMING						FLUME			WAVES EVERY 30 MINS			FLUME					
	4	LANE SWIMMING						FLUME			WAVES EVERY 30 MINS			FLUME					
	5 B	LANE SWIMMING						FLUME			WAVES EVERY 30 MINS			FLUME					

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Lane Reference:

1 - Lane 1, 2 - Lane 2, 3 - Lane 3, 4 - Lane 4, 5 - Lane 5 B - Beach Area

Levenmouth Swimming Pool & Sports Centre

Promenade, Leven, KY8 4PA

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