

## Outdoor track

	4pm	5	6	7	8	9pm							
	15	30	45	15	30	45	15	30	45	15	30	45	
<b>M</b> Monday	3 LANES										EXTREME BOOTCAMP		
<b>T</b> Tuesday	Club Booking												
<b>W</b> Wednesday	3 LANES										Club Booking		
<b>T</b> Thursday	3 LANES										Club Booking		
<b>F</b> Friday	3 LANES										Closed to Public		

## Indoor track

	4pm	5	6	7	8	9pm							
	15	30	45	15	30	45	15	30	45	15	30	45	
<b>M</b> Monday	Club Booking										EXTREME BOOTCAMP		
<b>T</b> Tuesday	Club Booking												
<b>W</b> Wednesday	Club Booking												
<b>T</b> Thursday	Club Booking												
<b>F</b> Friday	Club Booking										Closed to Public		

## Grass area

	4pm	5	6	7	8	9pm						
	15	30	45	15	30	45	15	30	45	15	30	45
<b>M</b> Monday	Club Booking			HIGH JUMP			Club Booking					
<b>T</b> Tuesday	DSF			HIGH JUMP			Club Booking					
<b>W</b> Wednesday	HIGH JUMP						Club Booking					
<b>T</b> Thursday	DSF			HIGH JUMP			Club Booking					
<b>F</b> Friday	Closed to Public											

	9am	10	11	12pm	1	2pm						
	15	30	45	15	30	45	15	30	45	15	30	45
<b>S</b> Saturday	Closed to Public											
<b>S</b> Sunday	Club Booking											

	9am	10	11	12pm	1	2pm						
	15	30	45	15	30	45	15	30	45	15	30	45
<b>S</b> Saturday	Closed to Public											
<b>S</b> Sunday	Club Booking											

	9am	10	11	12pm	1	2pm						
	15	30	45	15	30	45	15	30	45	15	30	45
<b>S</b> Saturday	Closed to Public											
<b>S</b> Sunday	Club Booking											

### Notes

**Grass Area:** High jump, Triple jump, Hammer, Discus, Javelin

**Indoor Pole Vault:** When sprint track is in use, the pole vault cannot be used.

### Pitreavie Athletics Centre

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