

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm
M Monday	LANE SWIMMING			SHALLOW AQUA											CLUB USE	
T Tuesday	LANE SWIMMING			SWIMMING LESSONS					AQUA AEROBICS	SWIMMING LESSONS				LANE SWIMMING		
W Wednesday	LANE SWIMMING			SWIMMING LESSONS						SWIMMING LESSONS				CLUB USE		
T Thursday	LANE SWIMMING			SWIMMING LESSONS						SWIMMING LESSONS				CLUB USE	LANE SWIMMING	
F Friday	LANE SWIMMING			AQUA (SHALLOW END)										CLUB USE		
S Saturday		CLUB USE		SWIMMING LESSONS												
S Sunday		CLUB USE														

Public Swim Every Sunday
unless Pool Birthday Party is booked at this time slot
Please check with reception before you visit.

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Cupar Sports Centre
Carslogie Road, Cupar, KY15 4HY

Please Note: Our reception closes one hour before closing time, for last admission to centre facilities.

Telephone 01334 659324 Email CuparSC@fifeleisure.org.uk