

PUBLIC SWIMMING
 CLOSED TO THE PUBLIC
 BOOKABLE SESSIONS
 CLUB USE

		30	45	7	15	30	45	8	15	30	45	9	15	30	45	10	15	30	45	11	15	30	45	12	15	30	45	1	15	30	45	2	15	30	45	3	15	30	45	4	15	30	45	5	15	30	45	6	15	30	45	7	15	30	45	8	15	30	45	9	15	30	45	10
MONDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								CLUB USE						LANE SWIM (6 lanes)																																
TUESDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								L2S	CLUB USE						LANE SWIM (6 lanes)																															
WEDNESDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								DSF	CLUB USE						LANE SWIM (6 lanes)																															
THURSDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								CLUB USE						LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																															
FRIDAY	LANE SWIM (6 lanes)	LANE SWIM (2 lanes)																								DSF						CLUB USE																																
SATURDAY		CLUB USE						L2S	LANE SWIM (2 lanes)												CLUB USE						CLUB USE																																					
SUNDAY		CLUB USE						LANE SWIM (2 lanes)												FUN SESSION	BOOKABLE/PUBLIC SESSION	CLUB USE																																										

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Kirkcaldy Leisure Centre

Esplande, Kirkcaldy, KY1 1HR

Tel 01592 583306 Email KirkcaldySP@fifeleisure.org.uk

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 BOOKABLE SESSIONS
 CLUB USE

	8	15	30	45	9	15	30	45	10	15	30	45	11	15	30	45	12	15	30	45	1	15	30	45	2	15	30	45	3	15	30	45	4	15	30	45	5	15	30	45	6	15	30	45	7	15	30	45	8	15	30	45
MONDAY	SET UP				LEARN TO SWIM				AQUA-EROBICS				SET UP				ACTIVE HYDRO				CLEAR				SET UP				LEARN TO SWIM				CLEAR																			
TUESDAY	SET UP				LEARN TO SWIM								SET UP				LEARN TO SWIM				CLEAR				SET UP				LEARN TO SWIM				CLEAR																			
WEDNESDAY	SET UP				LEARN TO SWIM				SET UP				LEARN TO SWIM				SET UP				LEARN TO SWIM				CLEAR				HYDRO CYCLE																							
THURSDAY	SET UP				LEARN TO SWIM				SET UP				AQUA-EROBICS				CLEAR				SET UP				LEARN TO SWIM				CLEAR				CLUB USE																			
FRIDAY	SET UP				LEARN TO SWIM				SET UP				LEARN TO SWIM				CLEAR				CLUB USE				SET UP				LEARN TO SWIM				CLEAR																			
SATURDAY	SET UP				LEARN TO SWIM								CLEAR				SET UP				LEARN TO SWIM				CLEAR				CLUB USE																							
SUNDAY	SET UP				HYDRO CYCLE <small>From 12th September</small>				CLEAR				SET UP				LEARN TO SWIM				CLEAR				FUN SESSION				SET UP				LEARN TO SWIM				CLEAR															

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