



# Swimming Pool Timetable

east sands  
leisure centre

	6am	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm
Mon			EARLY MORNING LANE SWIM		DEEP WATER AQUA-EROBICS	AQUA-EROBICS	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING
Tue			EARLY MORNING LANE SWIM		DEEP WATER AQUA-EROBICS	DEEP WATER AQUA-EROBICS	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING
Wed			EARLY MORNING LANE SWIM		DEEP WATER AQUA-EROBICS	DEEP WATER AQUA-EROBICS	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING
Thu			EARLY MORNING LANE SWIM		DEEP WATER AQUA-EROBICS	DEEP WATER AQUA-EROBICS	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING
Fri			EARLY MORNING LANE SWIM		DEEP WATER AQUA-EROBICS	DEEP WATER AQUA-EROBICS	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING
Sat			STEP ROCK SWIM CLUB		CHILDREN'S SWIMMING LESSONS (POOL CLOSED)	CHILDREN'S SWIMMING LESSONS (POOL CLOSED)	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING
Sun			EAST FIFE JUNIOR TRI CLUB		LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING	LANE SWIMMING

Please note sessions are subject to a 15 minute set up clearance time

- Public Swimming
- Bookable Session
- Private Booking
- Pool Closed

fifeleisure.org.uk

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