

# Transition Disability Judo

*Check out the Disability Sport Fife website for news and updates on everything to do with disability sport in Fife.*

*[www.fifeleisure.org.uk](http://www.fifeleisure.org.uk)  
(find us in the Health and Well Being drop down menu)*



Judo Scotland has been working with Scottish Disability Sport for a number of years in trying to increase levels of interest and involvement in the exciting sport of judo. DSF is now involved in a project with Judo Scotland called Transition Judo that aims to introduce novice participants with disabilities to judo at the Michael Woods Sports and Leisure Centre and thereafter encourage them to become involved in local clubs with local coaches. Session details are as follows:

- Stephen Somerville, Education Development Manager at Judo Scotland, will lead the five initial sessions with local coach support.
- participants 10 + with a physical, sensory or learning disability may attend. Uniform — track bottoms or equivalent and t shirt. No shoes.
- Wednesday 25th Feb until Wednesday 25th March inclusive (5 sessions) 17 00—18 00 at the Michael Woods Sports and Leisure Centre. £2.70/£3.80



All potential participants must register their interest in the first instance with Norma Buchanan, Administrator, Disability Sport Fife, Michael Woods Sports Centre, Viewfield, Glenrothes, Fife KY6 2RD. Email [norma.buchanan@fife.gov.uk](mailto:norma.buchanan@fife.gov.uk). Tel 03451 555555 Ext 444989.

Richard Brickley, President of DSF is available in the DSF office to offer advice or answer any questions from potential participants or families. The sport of judo is inclusive and performance players with a visual impairment currently have access to the Paralympic pathway.