

Swimming Pool Timetable

During School Term Times

	6am	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm
Mon	Public Swimming	Public Swimming	EARLY MORNING LANE SWIM	Public Swimming	DEEP WATER AQUA-EROBICS	AQUA-EROBICS	LANE SWIMMING	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	Public Swimming	Public Swimming	Public Swimming	ROOKIE LIFEGUARD	Public Swimming	STEP ROCK SWIM CLUB	UNI SWIM CLUB	Public Swimming
Tue	Public Swimming	STEP ROCK SWIM CLUB	EARLY MORNING LANE SWIM	Public Swimming	DEEP WATER AQUA-EROBICS	ADULT & CHILD (TODDLER POOL CLOSED)	LANE SWIMMING	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	JUNIOR TRI CLUB	Public Swimming	AQUA-EROBICS (POOL CLOSED)	TRIATHLON CLUB (2 LANES)	UNI TRI CLUB (2 LANES)
Wed	Public Swimming	Public Swimming	EARLY MORNING LANE SWIM	Public Swimming	DEEP WATER AQUA-EROBICS	AQUA-EROBICS	LANE SWIMMING	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	Public Swimming	Public Swimming	SWIMMING LESSONS	Public Swimming	STEP ROCK SWIM CLUB	UNI SWIM CLUB	UNI LIFESAVING CLUB	Public Swimming
Thu	Public Swimming	EARLY MORNING LANE SWIM	Public Swimming	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	AQUA-EROBICS	LANE SWIMMING	Public Swimming	ADULT & CHILD	Public Swimming	Public Swimming	Public Swimming	Public Swimming	STEP ROCK SWIM CLUB	Public Swimming	TRIATHLON CLUB (2 LANES)	Public Swimming
Fri	Public Swimming	Public Swimming	EARLY MORNING LANE SWIM	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	ADULT TRI	LANE SWIMMING	Public Swimming	STAFF TRAINING	Public Swimming	Public Swimming	JUNIOR TRI CLUB	Public Swimming	UNI TRI CLUB	AQUA RUN DISCO (8 - 14 YEARS)	Public Swimming	Public Swimming
Sat	Public Swimming	Public Swimming	STEP ROCK SWIM CLUB	CHILDREN'S SWIMMING LESSONS (POOL CLOSED)	SWIMMING LESSONS	FLOAT SESSION	LANE SWIMMING	Public Swimming	Public Swimming	Public Swimming	Public Swimming	AQUA RUN SESSIONS	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming
Sun	Public Swimming	Public Swimming	EAST FIFE JUNIOR TRI CLUB	LANE SWIMMING	Public Swimming	FLOAT SESSION	Public Swimming	Public Swimming	AQUA RUN SESSIONS	Public Swimming	Public Swimming	STEP ROCK SWIM CLUB	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming

Please note sessions are subject to a 15 minute set up clearance time

Public Swimming Bookable Session Private Booking Pool Closed

East Sands Leisure Centre

St Mary Street, St Andrews, Fife, KY16 8LH

Telephone 01334 659473 Email eastsandslc@fifeleisure.org.uk

