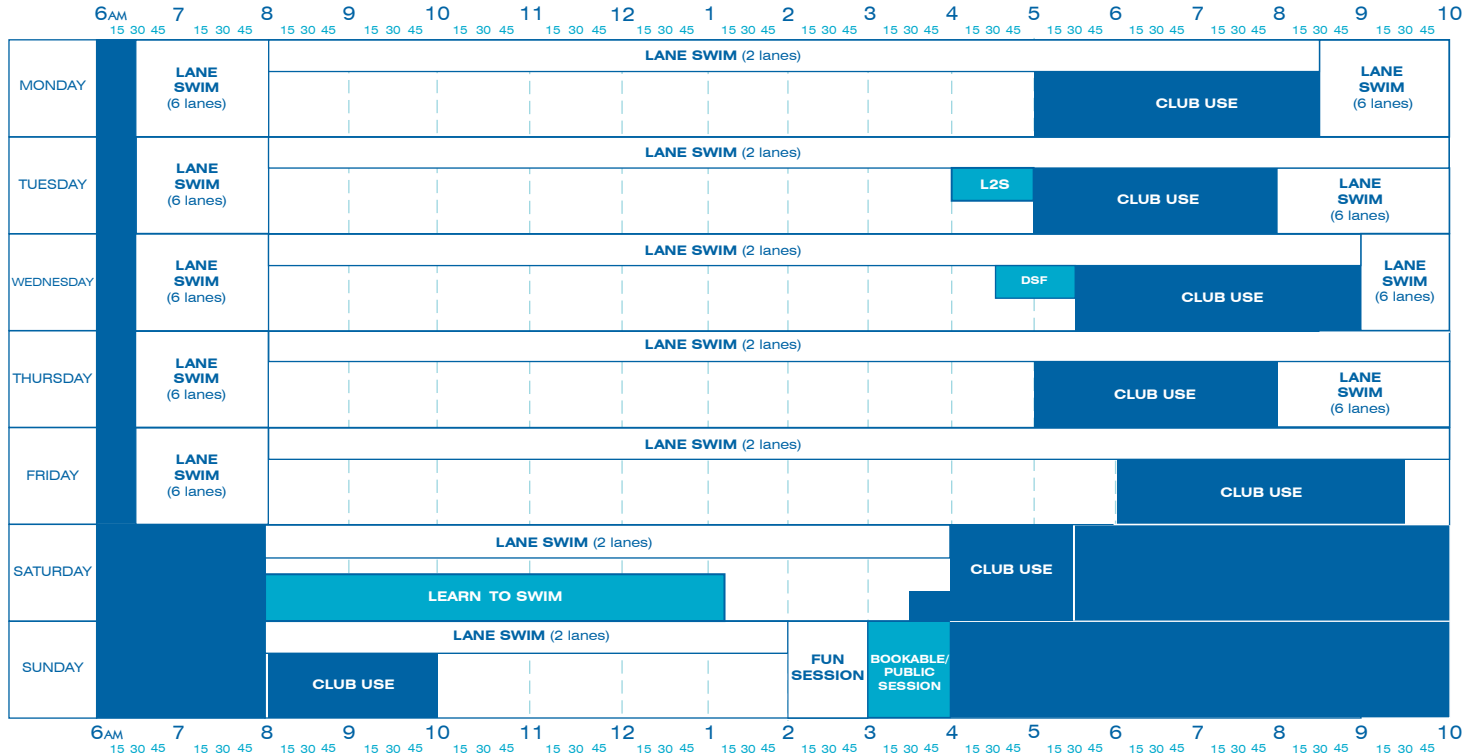


Main Pool Timetable



Admission policy:

Children under 8 years must be accompanied by an adult (16 years +) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult : 2 Children (under 5 years) / 1 Adult : 3 Children (6 - 7 years)

☐ PUBLIC SWIMMING ■ CLOSED TO THE PUBLIC ■ BOOKABLE SESSIONS

Date of print: December 2018

Training Pool Timetable

	8AM	9	10	11	12	1	2	3	4	5	6	7	8	9	10		
	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45		
MONDAY		SET UP	LEARN TO SWIM				AQUA-EROBICS	SET UP	ACTIVE HYDRO	CLEAR	SET UP	LEARN TO SWIM			CLEAR	AQUA DEEP	
TUESDAY										SET UP	LEARN TO SWIM	SET UP	HYDRO SPIN	SET UP	AQUA BOOT CAMP		
WEDNESDAY						SET UP	LEARN TO SWIM			SET UP	LEARN TO SWIM			SET UP	HYDRO SPIN		
THURSDAY					SET UP	AQUA-EROBICS	CLEAR			SET UP	LEARN TO SWIM			CLUB USE			
FRIDAY				SET UP	AQUA-EROBICS	CLEAR			SET UP	LEARN TO SWIM		CLUB USE			SET UP	HYDRO SPIN	
SATURDAY	SET UP	LEARN TO SWIM				CLEAR											
SUNDAY		SET UP	HYDRO SPIN	CLEAR	OCTO TOTS					FUN SESSION							

Admission policy:

Children under 8 years must be accompanied by an adult (16 years +) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult : 2 Children (under 5 years) / 1 Adult : 3 Children (5 - 7 years)

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