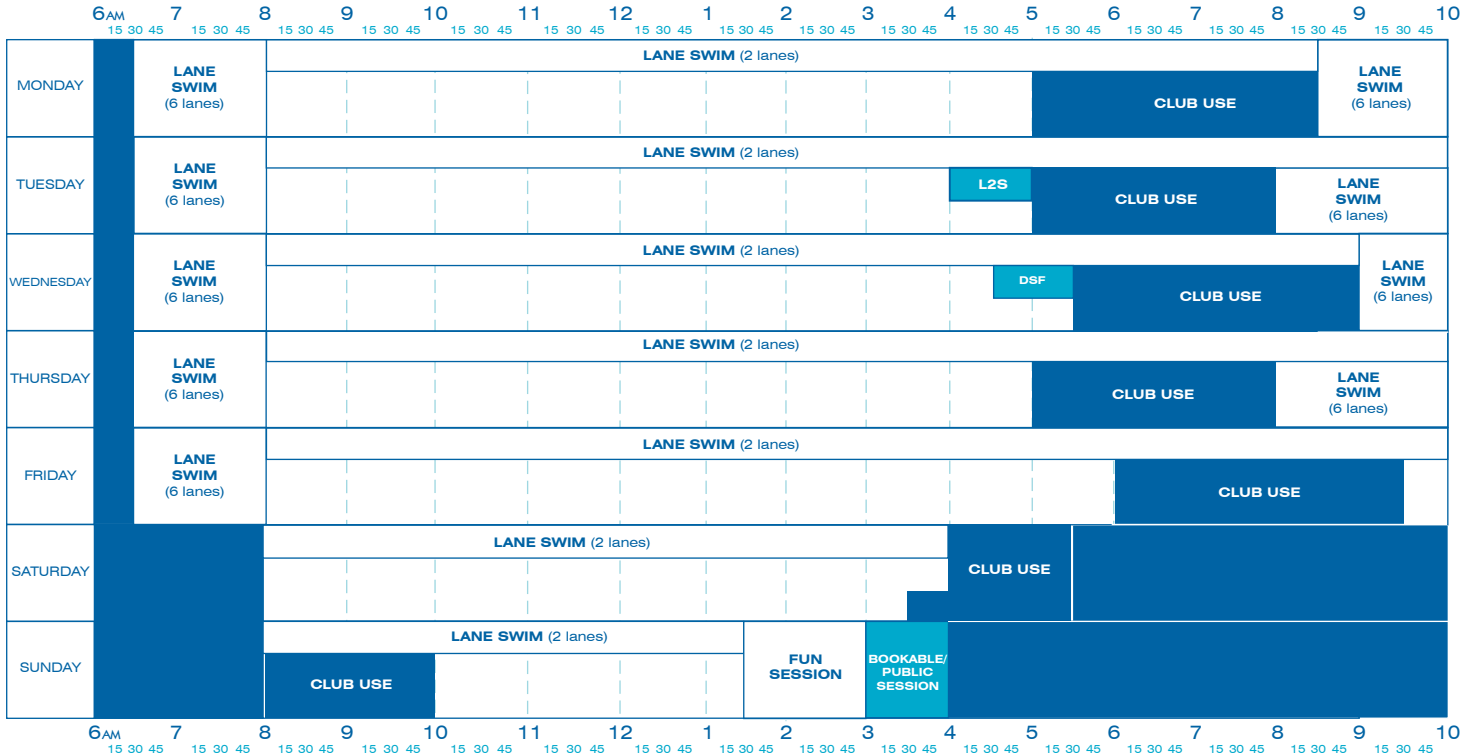


Main Pool Timetable



Admission policy:

Children under 8 years must be accompanied by an adult (16 years +) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult : 2 Children (under 5 years) / 1 Adult : 3 Children (5 - 7 years)

PUBLIC SWIMMING CLOSED TO THE PUBLIC BOOKABLE SESSIONS

Date of print: October 2017

Training Pool Timetable

	8AM	9	10	11	12	1	2	3	4	5	6	7	8	9	10
	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45
MONDAY		SET UP	LEARN TO SWIM			AQUA-EROBICS	SET UP	ACTIVE HYDRO	CLEAR	SET UP	LEARN TO SWIM		CLEAR	AQUA DEEP	
TUESDAY									SET UP	LEARN TO SWIM	SET UP	HYDRO SPIN	SET UP	AQUA BOOT CAMP	
WEDNESDAY						SET UP	LEARN TO SWIM		SET UP	LEARN TO SWIM		SET UP	AQUA DEEP	SET UP	HYDRO SPIN
THURSDAY						SET UP	AQUA-EROBICS	CLEAR					CLUB USE		
FRIDAY					SET UP	AQUA-EROBICS	CLEAR				CLUB USE		SET UP	HYDRO SPIN	
SATURDAY	SET UP	LEARN TO SWIM				CLEAR									
SUNDAY		SET UP	HYDRO SPIN	CLEAR	TURTLE TOTS				FUN SESSION						

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