

Warm Pool Timetable

Monday 2/7/2018 - Sunday 12/8/2018

	9am	10	11	12	1	2	3	4	5	6	7	8	9	10pm	
Monday	PUBLIC SWIMMING	PUBLIC SWIMMING	PUBLIC SWIMMING (ex 09/07/18 & 06/08/18)	SWIM OPTIONS	PUBLIC SWIMMING	PUBLIC SWIMMING (ex 06/08/18)		PUBLIC SWIMMING		PRIVATE HIRE		PUBLIC SWIMMING			
Tuesday	PUBLIC SWIMMING		PRIVATE HIRE	SWIM OPTIONS	COMPLEX NEEDS	PRIVATE HIRE		PUBLIC SWIMMING							
Wednesday	PUBLIC SWIMMING		PRIVATE HIRE (ex 18/07/18)		PUBLIC SWIMMING	PRIVATE HIRE		PUBLIC SWIMMING	LEARN TO SWIM	CLUB USE (ex 18/07/18 and 25/07/18)		PUBLIC SWIMMING			
Thursday	PUBLIC SWIMMING		PRIVATE HIRE	PRIVATE HIRE	ACTIVE AQUA CIRCUIT	ACTIVE AQUA CIRCUIT	ACTIVE AQUA CIRCUIT	PUBLIC SWIMMING							
Friday	PUBLIC SWIMMING		PRIVATE HIRE		PUBLIC SWIMMING		AQUA ACTIVE	PUBLIC SWIMMING		PRIVATE HIRE	PUBLIC SWIMMING				
Saturday	PUBLIC SWIMMING (Subject to swimming gala closures, visit our website before your visit)						POOL HIRE	ADULT & CHILD SESSION	Pool Closed to Public						
Sunday	PUBLIC SWIMMING (Subject to swimming gala closures, visit our website before your visit)					PUBLIC SWIMMING (ex 05/08/18 & 12/08/18)	POOL HIRE	ADULT & CHILD SESSION	Pool Closed to Public						

Public Swimming
 Bookable Session
 Private Booking
 Pool Closed to Public

Admission Policy:
 Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Michael Woods Sports & Leisure Centre
 Viewfield, Glenrothes, KY6 2RD
 Telephone 01592 583305 Email MichaelWoodsLC@fifeleisure.org.uk

Training Pool Timetable

Monday 2/7/2018 - Sunday 12/8/2018

	9am	10	11	12	1	2	3	4	5	6	7	8	9	10pm
Monday	SET UP	AQUA-EROBICS	SET UP	HYDRO-SPIN	CLEARANCE	ACTIVITY CAMP								
Tuesday		SET UP	LEARN TO SWIM		CLEARANCE/SET UP	HYDROSPIN	CLEARANCE / SET UP	AQUAEROBICS	CLEARANCE / SET UP	FLOAT FIT	CLEARANCE	ACTIVITY CAMP		
Wednesday			SET UP	HYDROSPIN	CLEARANCE		ACTIVITY CAMP							
Thursday			SET UP	AQUA DEEP	CLEARANCE		SET UP	ACTIVE HYDROSPIN	CLEARANCE / SET UP	AQUAFIT				
Friday			SET UP	HYDROSPIN	CLEARANCE		ACTIVITY CAMP							
Saturday														
Sunday														

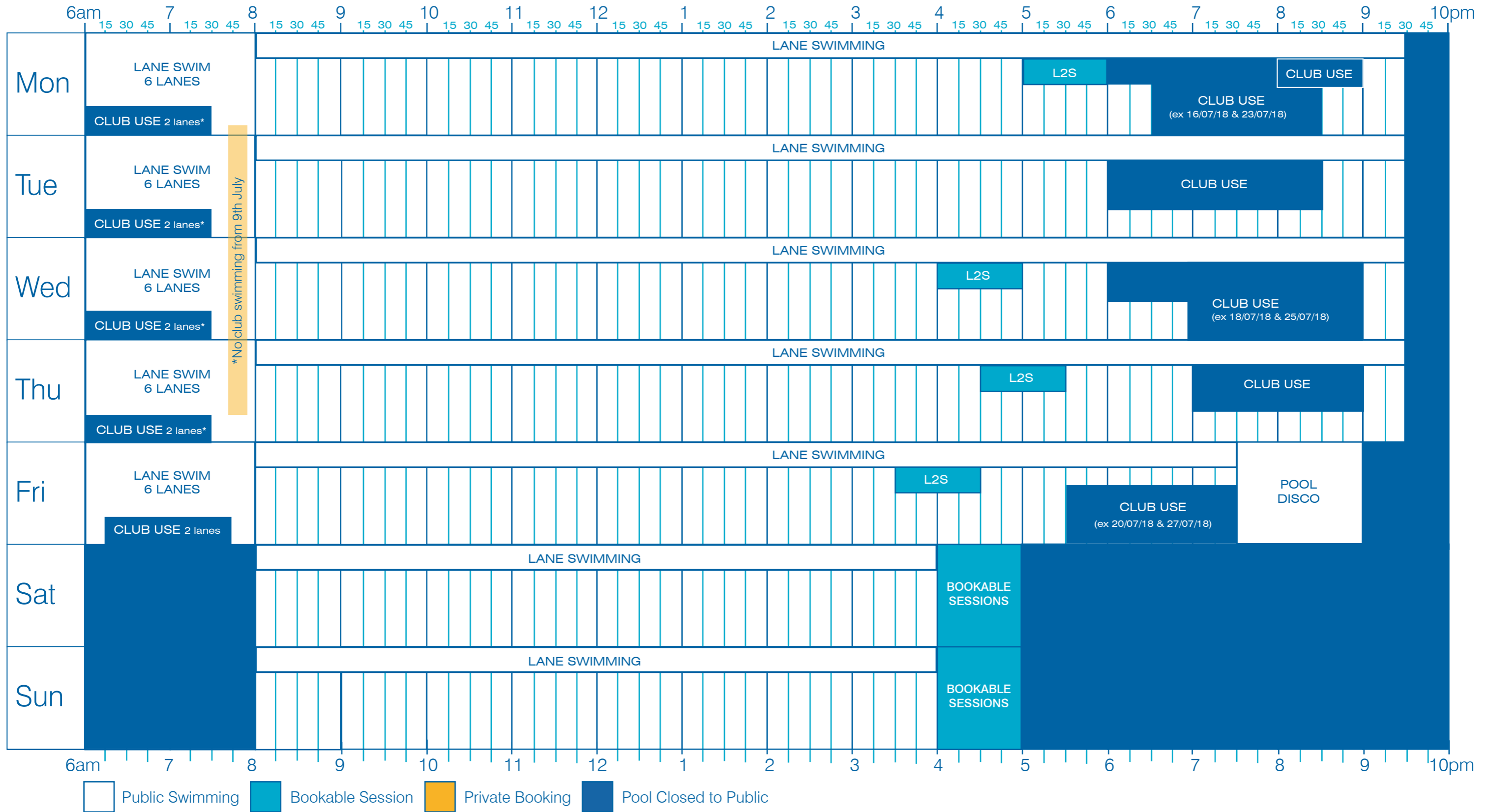
Public Swimming
 Bookable Session
 Private Booking
 Pool Closed to Public

Admission Policy:
 Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Michael Woods Sports & Leisure Centre
 Viewfield, Glenrothes, KY6 2RD
 Telephone 01592 583305 Email MichaelWoodsLC@fifeleisure.org.uk

Main Pool Timetable

Monday 2/7/2018 - Sunday 12/8/2018



Admission Policy:
Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Michael Woods Sports & Leisure Centre
Viewfield, Glenrothes, KY6 2RD
Telephone 01592 583305 Email MichaelWoodsLC@fifeleisure.org.uk