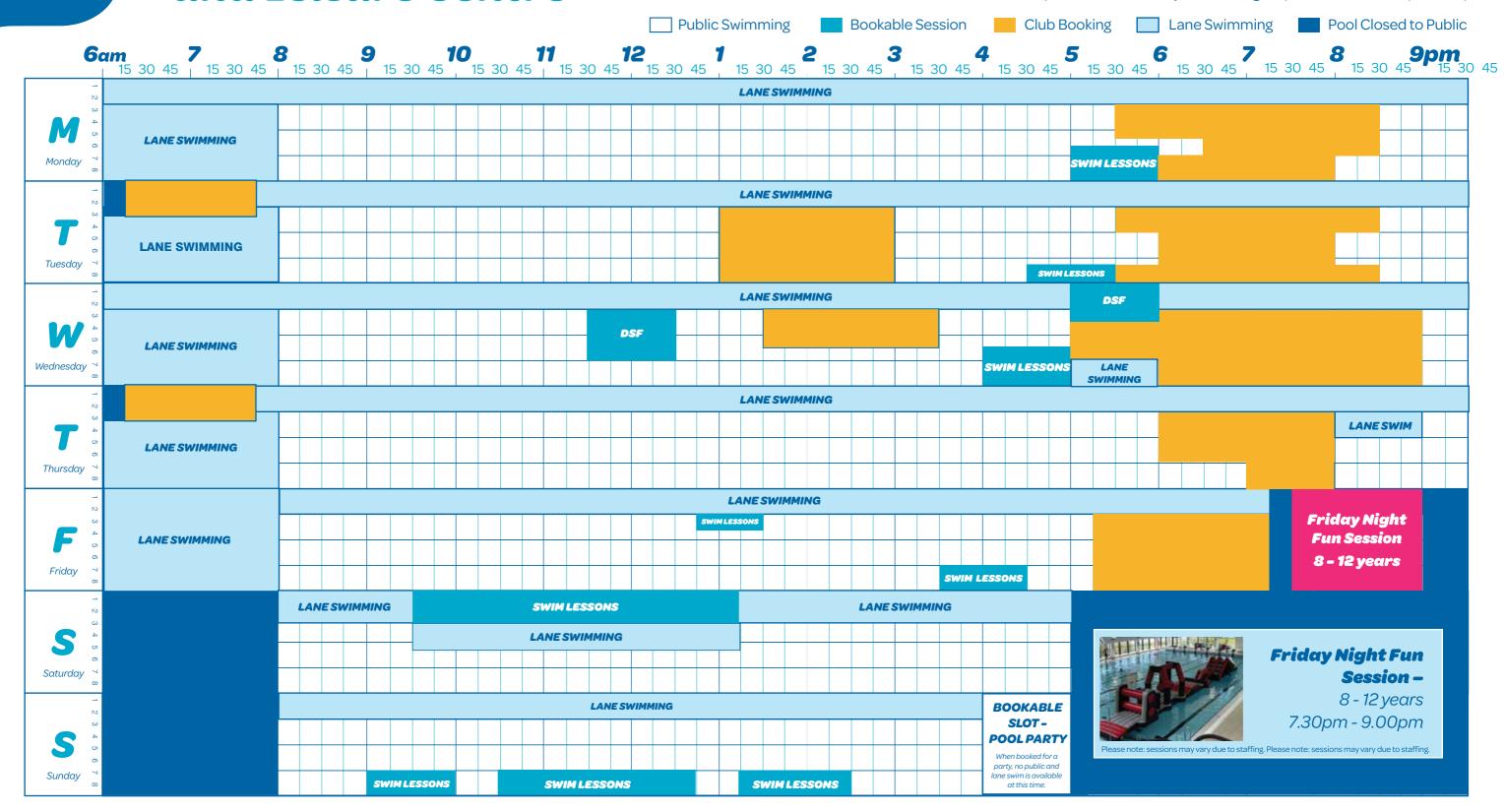


Michael Woods Sports and Leisure Centre

Main Pool Timetable

Please note, pool timetables subject to change, Updated Wednesday 9th May



Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER! Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Please note: Lane 1 with easy access stairs

Michael Woods Sports & Leisure Centre

Viewfield, Glenrothes, KY6 2RD

Tel 01592 583305 Email MichaelWoodsLC@fifeleisure.org.uk











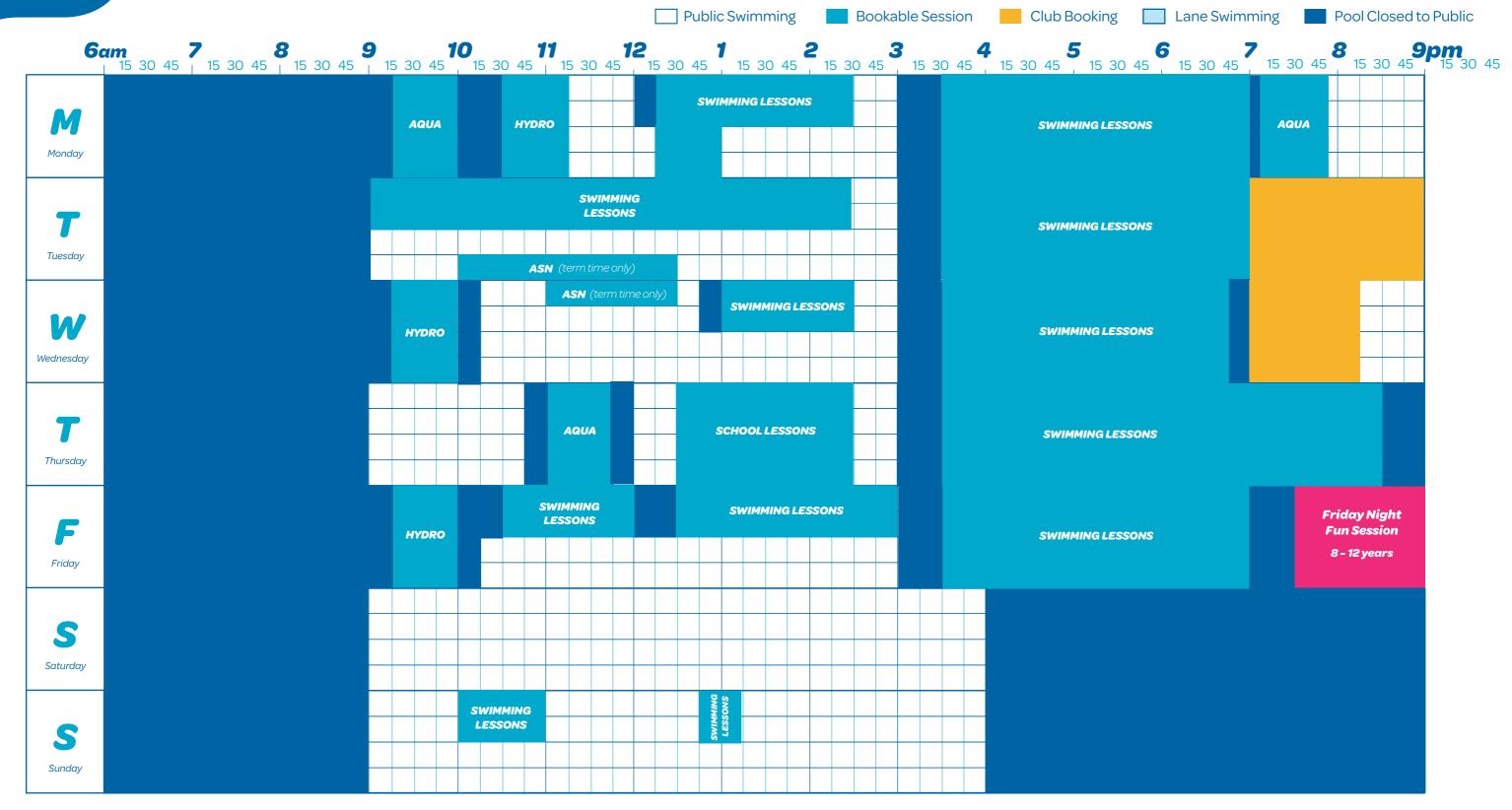




Michael Woods Sports and Leisure Centre

Training Pool Timetable

Please note, pool timetables subject to change, Updated Wednesday 9th May



Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER! Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Please note: Lane 1 with easy access stairs

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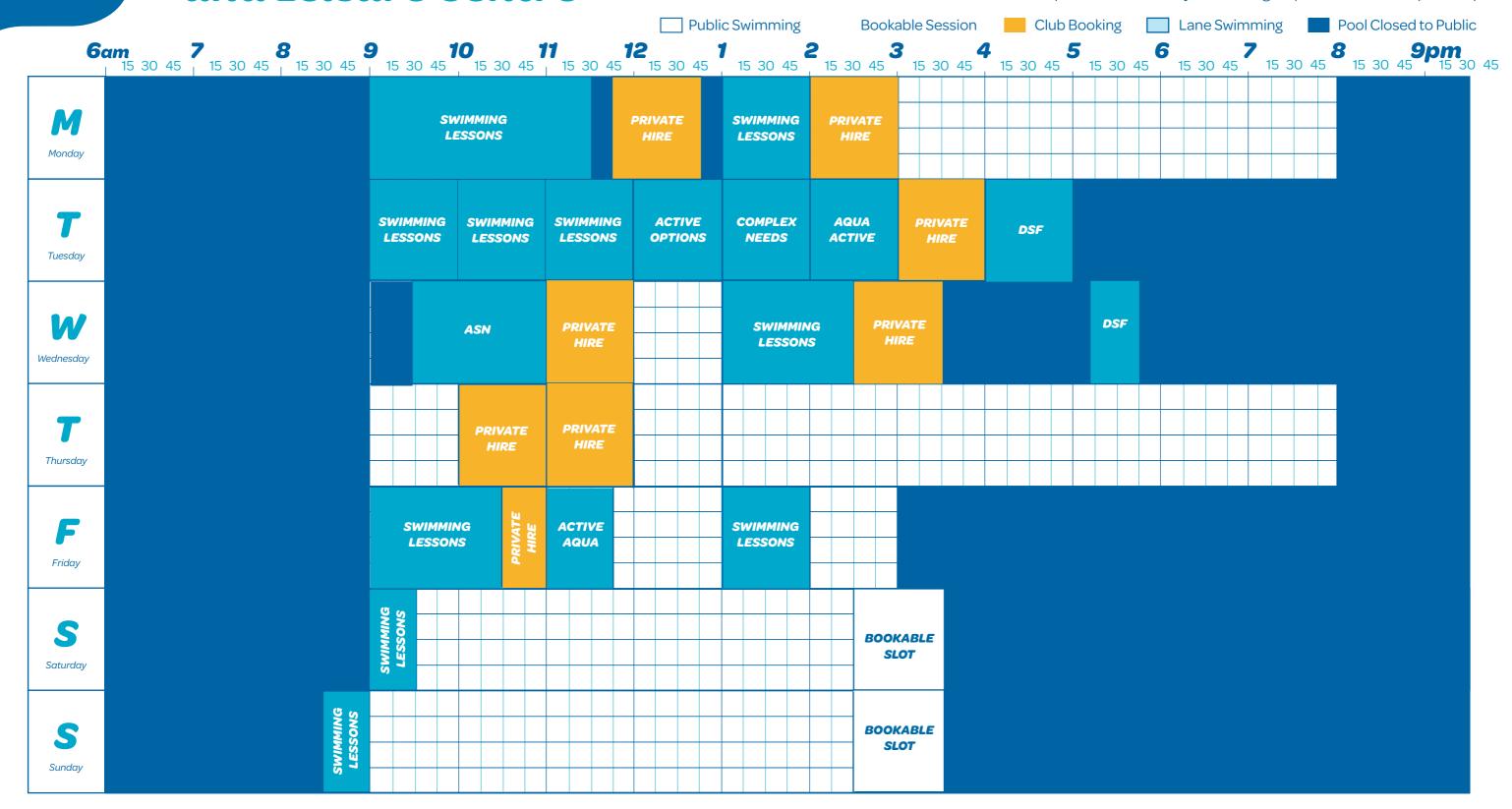




Michael Woods Sports and Leisure Centre

Warm Pool Timetable

Please note, pool timetables subject to change, Updated Wednesday 9th May



Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER! Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Please note: Lane 1 with easy access stairs

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