



Scottish Water  
Trusted to serve Scotland

Proud to Support



# Become a Swimming Teacher





## Teaching swimming is one of the most rewarding jobs you can do and ultimately can save lives

We are looking for swimming teachers who are:

- Excellent communicators
- Connect well with children
- Engaging and enthusiastic
- Patient, adaptable and flexible

Full training is available through the new practical Scottish Swimming Teaching Qualification (SSTQ).



**Scottish  
Swimming**  
Teacher Qualification

## Training

The Scottish Swimming Teacher Qualification (SSTQ) was introduced in April 2019 and is the industry standard for those who wish to teach unsupervised to groups of swimmers with a range of abilities and is essential for seeking employment as a swimming teacher. This qualification is achieved from a practically-based course and will allow you to gain the necessary skills and experience prior to progressing to an aquatics working environment. It will support your ongoing learning and development ensuring that you are fully prepared to deliver high quality lessons.

## Course Prerequisites

To do this course you need to be a Scottish Swimming member and 16 years of age on the first day of the course.

## Costs and Timescales

The SSTQ Course costs £550 with a £100 **sportscotland** bursary available and takes around 8 days to complete divided into 32 hours of practical teaching and 32 hours of theory delivered over a minimum of 4 weeks.



# How to Become a Teacher

To find out more about how you can become a swimming teacher please visit the Teaching and Coaching pages at [www.scottishswimming.com](http://www.scottishswimming.com) which provides additional information and a course calendar for those seeking to book onto a SSTQ course in their area.

Please note that the majority of SSTQ courses are arranged by external course organisers before being approved by Scottish Swimming. If you cannot see a course advertised in your area, please contact [education@scottishswimming.com](mailto:education@scottishswimming.com) for signposting and advice.

## Sign up today to start your rewarding career as a swimming teacher!



Scottish  
Swimming

[scottishswimming.com](http://scottishswimming.com)

University of Stirling Sport | University of Stirling |  
Stirling | Stirlingshire | FK9 4LA